

NOVEMBER 2018

New Merkel Senior Center Melanie Perry, Manager – 205-967-5977

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30 snacks/coffee 11:00 Bingo 11:45 Lunch	1 10:30 snacks/coffee 10:45 Games 11:45 Lunch	2 10:30 Snacks/coffee 10:45 Games 11:45 Lunch	3 <i>Happy Birthday</i> Wayne Briscoe
4  SET CLOCKS BACK ONE HOUR BEFORE BED SATURDAY NIGHT	5 10:00Snacks/coffee 10:30 stretching exercise 10:45 Games 11:45 Lunch	6 10:30 snacks/coffee 10:45 Games 11:45 Lunch 12:30 Tai Chi w/Mel <i>Happy Birthday</i> <i>Rudy Duda</i>	7  Art at the Cottages Bus leaves at 9:30 11:45 Lunch	8 10:30 snacks/coffee 10:45 Games 11:45 Lunch Veterans Day City Celebration VHUMC 1:00	9 Veterans Day Celebration 11:00 downstairs 	10
11 <i>Happy Birthday</i> <i>Eddie Mauter</i> Happy Veterans Day	12 Center Closed 	13 Art w/Tina  11:45 Lunch	14 10:30 snacks/coffee 11:00 Bingo 11:45 Lunch	15 10:30 snacks/coffee 10:45 Games 11:45 Lunch <i>Happy Birthday</i> <i>Joyce Duda</i>	16 10:30 Snacks/coffee 10:45 Games 11:45 Lunch	17 
18	19 10:30Snacks/coffee 10:30 stretching exercise 10:45 Games 11:45 Lunch	20 10:30 snacks/coffee 10:45 Games 11:45 Lunch 12:30 Tai Chi w/Mel	21 <i>Thanksgiving</i> <i>Celebration</i> <i>At the Center</i> <i>Fun, games, lunch</i> <i>Giving Thanks</i> <i>Starting at 10:30</i>	22 Center Closed 	23 Center Closed	24 In 1863, Abraham Lincoln, declared the last Thursday of November to be a National Day of Thanksgiving.
25	26 10:30 Snacks/coffee 10:30 stretching exercise 10:45 Games 11:45 Lunch	27 10:30snack/games 11:45 Lunch 6pm Lighting of the Christmas Tree at City Hall 	28 10:30 snacks/coffee 11:00 Bingo 11:45 Lunch	29 10:30 Snacks/coffee 10:45 Games 11:45 Lunch	30 	
November Fun Facts:	<i>Flower of the month</i>  <i>Mums</i>	<i>Macy's Thanksgiving</i> <i>Day Parade began</i> <i>1924</i> 	Aviation History Month 	National Caregivers Appreciation Month Thank You	<i>National Model</i> <i>Railroad Month</i> 	<i>In November you</i> <i>begin to know how</i> <i>long the winter will be.</i> <i>Martha Gellhorn</i>

Suggested lunch donations \$1.50 Donations for Bingo prize participation .25 per day