








# February 2019

**New Merkel Senior Center** *Melanie Perry, Manager 205-967-5977*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 10:00 snacks/coffee 10:30 singing w/Jake 11:00 Bingo/Games 11:45 Lunch	<b>2</b> <b>GROUNDHOG DAY</b> <i>February 2nd</i>
<b>3</b> 	<b>4</b> 10:00 Snacks/coffee 10:30 Stretching w/Mel 10:45 Games 11:45 Lunch	<b>5</b> 10:00 Snacks/coffee 10:30 Games 11:45 Lunch 12:30 Tai Chi w/Kelly	<b>6</b> 10:00 Snacks/coffee 11:00 Bingo/Games 11:45 Lunch	<b>7</b> 10:00 Snacks/coffee 10:45 Games 11:00 Tech Talk Thursday 11:45 Lunch	<b>8</b> 10:00 Snacks/coffee 10:30 singing w/Jake 11:00 Bingo/Games 11:45 Lunch	<b>9</b>
<b>10</b>	<b>11</b> 10:00 Snacks/coffee 10:30 Stretching w/Mel 10:45 Games 11:45 Lunch	<b>12 Art with Tina</b>  11:45 Lunch 12:30 Tai Chi w/Kelly	<b>13</b> 10:00 Snacks/coffee 11:00 Bingo/Games 11:45 Lunch	<b>14</b> Happy Valentine's Day Celebration 10:00 Snacks/coffee 10:45 Games 11:45 Lunch	<b>15</b> 10:00 Snacks/coffee 10:30 singing w/Jake 11:00 Bingo/Games 11:45 Lunch  <i>Happy Birthday            Jean Pilkington</i>	<b>16</b> <i>Happy Birthday            Joyce Dawkins</i>
<b>17</b>	<b>18 No Meals Sent</b> 10:00 Snacks/coffee 10:30 Stretching w/Mel 10:45 Games 	<b>19</b> 10:00 Snacks/coffee 10:45 Games 11:45 Lunch Tai Chi w/Kelly	<b>20</b> 10:00 Snacks/coffee 11:00 Bingo/Games 11:45 Lunch	<b>21</b> 10:00 Snacks/coffee 10:45 Games 11:00 Tech Talk Thursday 11:45 Lunch	<b>22</b> 10:00 Snacks/coffee 10:30 singing w/Jake 11:00 Bingo/Games 11:45 Lunch	<b>23</b>
<b>24</b>	<b>25</b> 10:00 Snacks/coffee 10:30 Stretching w/Mel 10:45 Games 11:45 Lunch	<b>26</b> 10:00 Snacks/coffee 10:45 Games 11:45 Lunch Tai Chi w/Kelly	<b>27</b> 10:00 Snacks/coffee 11:00 Bingo/Games 11:45 Lunch	<b>28</b> 10:00 Sncks/coffee 10:45 Games 11:00 Tech Talk Thursday 11:45 Lunch		
<b>February fun Facts:</b>	<i>If it thunders in February, it will frost in April</i>	<b>Flower of the month:</b>  <i>Primrose</i>	<b>National Bird Feeding Month:</b> 	<b>Chocolate Lover's Month:</b> 	<b>American Heart Month</b> 	<i>A wet February, a wet Spring.</i>