

March 2019

New Merkel Senior Center/Melanie Perry Manager 967-5977

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Getting To Know You Lunches 5th graders join us Lunch and Chats		1 10:00 snack/coffee 11:00 Games 11:45 Lunch	2
3 	4 10:00 snacks/coffee 10:30 stretching 11:00 Games 11:45 Lunch	5 Mardi Gras Theme 10:00 snacks/coffee 10:30 Games 11:45 Lunch 12:30 Tai chi/Kelly	6 10:00 snacks/coffee 11:00 Bingo/Games 11:45 Lunch	7 10:00 snack/coffee 10:30 Tech Talk Thursday 11:00 Games 11:45 Lunch	8 10:00 snack/coffee 11:00 Games 11:45 Lunch	9
10 	11 10:00 snacks/coffee 10:30 stretching 11:00 Games 11:45 Lunch	12 Art with Tina  11:45 Lunch 12:30 Tai chi/Kelly	13 10:00 snacks/coffee 11:00 Bingo/Games 11:45 Lunch	14 10:00 snack/coffee 10:30 Tech Talk Thursday 11:00 Games 11:45 Lunch	15 10:00 snack/coffee 11:00 Games 11:45 Lunch	16
17	18 St Patrick Theme Day 10:00 snacks/coffee 11:00 Games 11:45 Lunch	19 10:00 snacks/coffee 10:30 Games 11:45 Lunch 12:30 Tai chi/Kelly	20 Welcome Spring 10:00 snacks/coffee 11:00 Bingo/Games 11:45 Lunch	21 10:00 snack/coffee 10:30 Tech Talk Thursday 11:00 Games 11:45 Lunch	22 10:00 snack/coffee 11:00 Games 11:45 Lunch	23
24	25 10:00 snacks/coffee 10:30 stretching/ 11:00 Games 11:45 Lunch	26 10:00 snacks/coffee 10:30 Games 11:45 Lunch 12:30 Tai chi/Kelly	27 10:00 snacks/coffee 11:00 Bingo/Games 11:45 Lunch	28 10:00 snack/coffee 10:30 Tech Talk Thursday 11:00 Games 11:45 Lunch	29 10:00 snack/coffee 11:00 Games 11:45 Lunch	30
31 March Facts:	Flower of the month: Daffodil 	National Nutrition Month	Women's History Month	March Madness Begins March 19th 	Read Across America Day March 2nd	Out of here!!!! 

Nutritional Education Weekly

Suggested donation \$1.50 lunch/ .25 Bingo donations