

City of Vestavia Hills Parks & Recreation
1973 Merryvale Road
Vestavia Hills, AL 35216
205.978.0166

Memorandum

September 6, 2019

TO: Park Board Members

FROM: Jason Burnett
P & R Superintendent

RE: Park Board Meeting

Please find the packet for the Park Board Meeting scheduled for Tuesday, September 17, 2019 at 7:00 a.m. at the Vestavia Hills City Hall executive conference room (1032 Montgomery Hwy).

The packet includes the following:

- Agenda for regular meeting on 9/17/2019
- Minutes from regular meeting on 7/16/2019
- Minutes from work session on 8/23/2019
- Miscellaneous Reports

Please let BJ know if you won't be in attendance.

CC: Parks and Recreation Staff Members



CITY OF VESTAVIA HILLS
PARKS AND RECREATION BOARD MEETING
September 17, 2019

ASHLEY CURRY
MAYOR

JASON BURNETT
SUPERINTENDENT

1. Call to order
2. Invocation & Pledge of Allegiance
3. Approval of July 16, 2019 minutes
4. Approval of August 23, 2019 work session minutes
5. Parks & Recreation Superintendent's Report – Jason Burnett
6. Mayor's Report – Ashley Curry
7. Public Services Director's Report – Brian Davis
8. Old Business – None
9. New Business – Boys Basketball Board By-Laws Revisions
Lightning Policy
10. VHPR Foundation Report – Leigh Belcher
11. Concession Report – Frank Hernandez

12. League Reports

Baseball – Efrain Horta	Seniors – Julie Harper
Basketball – Neil Gilbert (boys), David Stricklin (girls)	Soccer – Rocky Harmon
Cheerleading – Elise Hollinhead	Softball – Chad Gay
Football (Flag) – Terry Sparks	Swimming – Rebecca Hartsough
Football (Tackle) – Scott Hughen	Volleyball – Aarin Mitchell
Lacrosse – Kirk Abernathy	Wrestling – Scott Nailen

13. Citizen Comments

14. Upcoming meetings –

- a. Next work session will be on _____ @ 11:30 a.m. at _____.
- b. Next regular meeting will be Tuesday, November 19, 2019 at 7:00 a.m.

15. Motion for Adjournment



**CITY OF VESTAVIA HILLS
PARKS AND RECREATION DEPARTMENT**

ASHLEY C. CURRY
MAYOR

BRIAN C. DAVIS
DIRECTOR

**PARKS AND RECREATION BOARD
MINUTES**

CHRISTOPHER BRADY
ASSISTANT DIRECTOR

July 16th, 2019

CALL TO ORDER

On Tuesday, July 16th, President Kirk McCulley called the Vestavia Park Board meeting to order at 7:00 a.m.

Park Board Members present were:

Kirk McCulley, President
Mitch Bevill, Vice President
Lyles Box

Park Board Members absent were:

David Myers
Earl Lawson

Mayor Ashley Curry

Absent

Council Representative Paul Head

Present

Parks and Recreation Staff Members:

Jason Burnett, Superintendent
Brian C. Davis, Director of Public Services
Julie Harper, Activities Coordinator

INVOCATION & PLEDGE OF ALLEGIANCE Brian Davis

APPROVAL OF MAY 21ST REGULAR MEETING MINUTES

President McCulley asked for a motion to approve the May 21st regular meeting minutes. Lyles Box made a motion to approve. Mitch Bevill seconded the motion. The minutes were approved by unanimous vote.

APPROVAL OF JUNE 14TH WORK SESSION MEETING MINUTES

President McCulley asked for a motion to approve the June 14th work session minutes. Mitch Bevill made a motion to approve. Lyles Box seconded the motion. The minutes were approved by unanimous vote.

SUPERINTENDENTS REPORT

- Trail Life USA and the city will host a free event at the SHAC called Launch Vestavia to commemorate the 50th anniversary of the Apollo 11 launch. It will be July 16 at 6pm.

- Back to School Sports Sessions at Rec Center July 30-Aug 2 from 1-4pm. Offering Table Tennis, Pickleball, Basketball, and Futsal. Expert demonstrations included.
- Cahaba Heights Park project underway, started July 1.
- Wald Park projected slated to begin August 1.
- Eagle Scout project at Boulder Canyon Trail to include new benches, mile markers, other trail signage, and cleaning up the trail.
- Little Rebel Cheer Camp at Rec Center on July 29.
- Working with Dolly Ridge School and both Basketball Boards to replace old basketball goals in their gym.
- A memorial service will be held for Trent Turner on Saturday from 2 to 4 pm at the Vestavia Recreation Center gymnasium.
- The council work session will be Friday at 8:00.

MAYORS REPORT

Mayor Curry was absent. No report.

PUBLIC SERVICES REPORT

OLD BUSINESS

No old business.

NEW BUSINESS

Volleyball Board By-Laws

President McCulley asked for a motion to approve the Volleyball Board By-Laws. Mitch Bevill made a motion to approve. Lyles Box seconded the motion. The by-laws were approved by unanimous vote.

PARK FOUNDATION REPORT

No representative. No report.

POOL REPORT

No representative. No report.

CONCESSIONS REPORT

No representative. No report.

LEAGUE REPORTS

Baseball

Chad Long reported they have installed new officers. Efrain Horta is still president.

Boys' Basketball

Neil Gilbert reported they are working on by-law changes.

Girls Basketball

No representative. No report.

Cheerleading

No representative. No report.

Flag Football

Evaluations have been pushed back. They've added 9th graders.

Tackle Football

No representative. No report.

Lacrosse

No representative. No report.

Seniors

Julie Harper reported the New Merkel House received a pig from the chamber of commerce to be painted.

Soccer

No representative. No report.

Softball

Beth Rose stated 8U Vestavia Hills All-Stars won the state championship. They have questions about practice space. The new board starts August 1st.

Swimming

Rebecca Hartsough report they won the Jefferson/Shelby Championship. Next year they may have a dive team.

Volleyball

They have elected officers but are missing a treasurer. Registration fee is \$120.00 for residents and \$150.00 for non-residents. This covers uniforms, officials, and volleyball park fee. Evaluations will be August 11th at Central field. 4th and 5th grade and 6th, 7th, and 8th grade.

Wrestling

No representative. No report.

COMMENTS

None.

ANNOUNCEMENTS

The next work session will be on Friday, August 23rd, at 11:30 in the city hall Executive Conference room.

The next regular meeting will be Tuesday, September 17th, 7:00 a.m. in the city hall Executive Conference

room.

ADJOURNMENT

The meeting adjourned at 7:33 a.m.

GUESTS IN ATTENDANCE

Beth Rose/VHGSA

Rebecca Hartsough/VSA

Rees Denham

Chad Long/VHBC

Kara Ogden/Volleyball (Girls)

Neil Gilbert/Volleyball (Boys)

Vestavia Hills Parks & Recreation Lightning/Severe Weather Policy for Outdoor Activities

The purpose of this document is to provide a citywide policy to those responsible for making decisions concerning the suspension and restarting of an outdoor activity, contest or practice during periods of inclement weather on city property:

Criteria for suspension and resumption of play regarding thunder and lightning:

1. During periods of inclement weather or severe weather alerts involving thunder and lightning, any team or group of individuals occupying any field or property owned by the City of Vestavia Hills, must designate one person to monitor for lightning strikes via app or other reliable source for tracking lightning strikes;
2. When the designated person's lightning monitor detects lightning within 10 miles of the area where any outdoor activity, contest or practice is occurring on city property or fields, the fields must be closed and the property cleared. All persons occupying the property or field must immediately move to appropriate shelter in an enclosed area such as a restroom, meeting room, storm shelter or vehicle. Neither a dugout nor an overhead awning is appropriate shelter.
3. If city employees detect lightning within 10 miles of an area where outdoor activity, contest or practice is occurring on city property or fields, a horn with 3 long blasts will be sounded and the fields must be closed and the property cleared. All persons occupying the property or field must immediately move to appropriate shelter in an enclosed area such as a restroom, meeting room, storm shelter or vehicle. Neither a dugout nor an overhead awning is appropriate shelter.
4. The activity cannot resume until the expiration of 30 minutes after the last detected lightning strike within the 10 mile radius of the activity.
5. If Parks and Recreation employees are present on the property, they will have the final say on "All-Clear" and the resumption of the activity.
6. When a lightning detection device is not available, a 30 second or less flash-to-bang count calls for the fields to be closed and the property cleared. All persons occupying the property or field must immediately move to appropriate shelter in an enclosed area such as a restroom, meeting room, storm shelter or vehicle. Neither a dugout nor an overhead awning is appropriate shelter.
7. Thirty-minute rule. Once play/practice has been suspended using the 30 second flash-to-bang method, the activity cannot resume until the expiration of 30 minutes following the last 30 second or less flash to bang.

Refusal to abide by the lightning policy will result in disciplinary action by the Vestavia Hills Parks & Recreation Park Board.

1. For the 1st offense, coaches will forfeit the opportunity for their team to practice for one entire week.
2. For the 2nd offense, coaches will be suspended for the remainder of the year.
3. Game officials will be under a "zero tolerance" policy. He/she will not be allowed to officiate a game for the remainder of the year.

4. Sport board member(s) negligent in this area will be disciplined by the related sport board as they see fit.

Common sense is the best rule of thumb when dealing with lightning. The default decision should err on the side of being conservative – lightning is not something that should be taken lightly. "If you can see it (lightning), flee it (take shelter). If you can hear it (thunder), clear it (suspend activities)."

Shelters at Liberty Park – The maintenance personnel at Liberty Park will have access to the storm shelters. The maintenance personnel will ensure that these are open when severe weather is a possibility.



Vestavia Rec Boys Basketball Activity

- By-law and Rule changes submitted to Park Board for approval.
- Registration for grades 1st-12th opened Sept 5th and closes Oct 20th. Registration closings will be coordinated around school tryouts. Register at: <http://www.vhybasketball.org/>
- Player fee is \$150 and will include uniform and shooting shirts.
- Both 1st and 2nd grades will play 3-on-3 this season.

Vestavia Hills Youth Flag Football

Registration has been completed – with 346 players participating for the 2019 fall season (increase of 21 from 325 players in 2018).

Practices for teams are ongoing and the first league season games are September 7th (all games at SHAC). The league season will continue each Saturday (with the exception of October 12th – school holiday weekend) through November 2nd – with playoffs and final championship games taking place through November 9th.

League information is updated and maintained at: www.vhff.net



VESTAVIA HILLS SOCCER CLUB

*HOME OF THE ATTACK
HOME OF THE STEAMERS*

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Soccer Club Report for Parks and Recreation Board September 2019

Fall soccer is in full swing. We were able to form fifty-three competitive teams this year. We have a solid 680 recreational registrations as well, and all programs are on waitlist except our Mini Kickers program for 3-4-year olds.

Our 02 boys team won the National Cup in Denver this past summer, and our 04 boys lost in pk's in the finals. In all, we sent five teams to Colorado for the National Cup, as they won their respective age groups in regional league play this past year.

Off the field, Reading Buddies with local kindergartens has already started it's eighth season, and our special needs TopSoccer Program returns this fall for its seventh season on September 22nd.

Let me know if you have any questions or concerns.

**Respectfully submitted by:
Rocky Harmon
Executive Director**

VESTAVIA HILLS PARKS AND RECREATION
Youth Boys Basketball
By-Laws

PURPOSE STATEMENT

This document represents the By-Laws under which Vestavia Hills Youth Boys Basketball, Inc. (VHYBB) is governed. The primary purpose of VHYBB is to provide boys the opportunity to compete in the game of basketball in an environment that encourages the development of core skills and fundamentals. The overall objective of VHYBB is to facilitate an increase in the knowledge, skills, sportsmanship and self-esteem in each participant.

I. GOVERNING BODY

A. Autonomous Organization

VHYBB is an autonomous organization; provided however, that the Vestavia Hills Parks and Recreation Board (“the Parks Board”) shall have ultimate responsibility for making all supportive and administrative decisions and coordinating all parks activities.

B. Establishing Rules

1. VHYBB shall establish and enforce Organizational Rules, League Rules, and safety standards.
2. These rules shall address good sportsmanship and conduct of all league participants as well as coaches, referees, and spectators.
3. These rules shall include, without limitation, the prohibition of the use of alcohol, tobacco, profanity and harassment of players, coaches, and referees.
4. While the VHYBB Executive Board will have ultimate responsibility for enforcing such rules, all league directors, coaches, and referees shall also be expected to abide by and help enforce the Organizational Rules, League Rules, and safety standards.

C. Enforcement of Rules

1. VHYBB shall have the necessary authority to enforce disciplinary rules set forth in its By-Laws and rules governing play.

2. The Parks Board may take such action, as it deems appropriate should VHYBB fail to comply with any provision of the By-Laws.

D. Members of VHYBB

A MEMBER of VHYBB shall be defined as the parent(s) or legal guardian(s) of the participant(s) in the program during the prior or current fiscal season.

E. Oversight of Park Board

1. The Parks Board shall have authority to remove any officer of the VHYBB Executive Board.

2. Should the Park Board deem it necessary to remove an officer, said individual may not later be reinstated by VHYBB, nor may said individual be eligible to hold any other office of VHYBB.

II. EXECUTIVE BOARD

A. Voting Executive Board Members

VHYBB shall have an Executive Board that will consist of a President, a Vice President, a Treasurer, a 6th – 12th Grade Divisional Representative, and a 1st - 5th grade Divisional Representative.

B. Non-Voting Executive Board Members

The Executive Board shall have two non-voting members.

1. Parks Board Representative

a) A Parks Board member shall serve as a non-voting member of the Executive Board. The Parks Board member may not serve in any other capacity within the VHYBB other than assistant coach.

b) The Parks Board President shall appoint the Parks Board representative to the VHYBB.

c) The Parks Board member of the Executive Board shall schedule and coordinate the use of all park facilities.

2. Vestavia Hills High School Varsity Boys Basketball Coach

At his discretion, the Vestavia Hills High School Varsity Boys Basketball coach shall serve as a non-voting member and advisor to the VHYBB Board.

C. Term of Voting Members of Executive Board

1. The voting members of the Executive Board shall be elected by the members of VHYBB and shall serve as the voting body of VHYBB for the then current year's term.

2. If any Voting Member is unable to complete his/her term of office, the Executive Board shall appoint a person to complete the term of office to fill such vacancy; provided however, if the President is unable to complete his/her term, the Vice President shall serve the remaining term of the President and the Executive Board shall appoint a person to fill the Vice President's position. All members of the Executive shall assume their duties after completion of the Annual Meeting that is require to be held in April each year.

3. The President and Vice President shall serve a term of two years, and a maximum of one term in each position. All other members shall be elected annually.

4. Any term that is due to expire shall expire at the close of the Annual Meeting to be held in April.

D. Termination

1. The Executive Committee shall have the power by simple majority vote of the current entire Executive Committee to expel, or ask for the resignation of, any officer for inactivity, or conduct unbecoming an officer of the Association, league director, or coach in VHYBB.

2. Any such person under consideration for expulsion, suspension, or requested resignation, shall have the right to a hearing at a special meeting of the Executive Committee. This meeting shall be called as promptly as possible, and the decision of the Executive Committee shall be final.

E. Election Process

1. Qualifications. Members of the Executive Board shall reside within the city limits of Vestavia Hills or have children that are otherwise eligible to attend Vestavia Hills City Schools.
2. Annual Elections. VHYBB shall hold elections annually to replace any officer whose terms expires at the conclusion of the Annual Meeting to be held in April.
3. Nominating Committee. The Executive Board shall appoint a nominating committee of at least three members (excluding the President), not less than forty-five (45) days prior to the election during the annual meeting in April.
4. Nominations. Thirty days (30) prior to the date for election of officers, the individuals selected by the nominating committee shall be posted in the Recreation Center, along with the date, time, and location of the VHYBB election. Additional individual nominations other than those selected by the nominating committee may be made by notifying the Chairman of the nominating committee no less than fourteen (14) days prior to the election. No nominations will be accepted subsequent to the fourteen (14) day dead line.
5. Voting. If there are no additional nominees then the list submitted by the nominating committee shall be deemed elected and no formal election shall be necessary. If there are qualified additional nominees, then the election shall proceed as scheduled. Each officer being voted upon shall be elected by a majority vote of those entitled to vote and present at the election. No absentee ballots may be accepted.
6. Eligible Voters. All Members present on the election date shall vote upon the nominees selected, provided that any participant (or family of participants) shall have no more than two Members eligible to vote.
7. Results. Names of elected officers shall be posted in the Recreation Center at conclusion of the election.

III. DUTIES OF OFFICERS

A. President

The President shall have general supervision of the VHYBB program. He/she will act as the official representative of VHYBB at all times. He/she shall call all meetings, set the agenda and attend in person or through an appointed designee, all Park Board Meetings.

B. Vice President

The Vice President will give general assistance to the VHYBB President. He/she assumes all of the President's duties in the absence of the President.

C. Treasurer

1. The Treasurer is responsible for the financial transactions of VHYBB. He/she must keep accurate records and accounts of all VHYBB transactions. He/she shall provide an audited record of all financial transactions of VHYBB on an annual basis.

2. Financial accountability is of paramount interest to the Park Board; therefore, VHYBB, will adhere to financial control standards set forth in the June 2017 Vestavia Hills Parks and Recreation Financial Control Policy.

D. Divisional Representatives

1. The primary responsibility of the two Divisional Representatives is to assure fairness and equity in the selection of teams with players and coaches for each basketball division.

2. Divisional Representatives shall make recommendations to the Board on all coaching positions and League Directors.

E. League Directors

1. The Executive Committee shall appoint a league director for each division from 1st – 12th grade.

2. Each League Director shall help recruit and recommend coaches in their age group.
3. Each league director shall maintain the official team records and standings during the season.
4. League Directors, with the assistance of the Executive Committee, shall conduct evaluations (if needed), drafts and, if appropriate, oversee the selection of the All Star teams and coaches.
5. League Directors shall maintain proper conduct among players, coaches, and spectators at all times.
6. It is the responsibility of the League Directors to convey the concerns of the coaches and parents of their league to the Executive Committee.
7. The Executive Board has right of removal of league directors whose conduct is deemed detrimental to the league and/or its players at any time during the season.

F. Head Coaches

1. Head Coaches will be selected by the Executive Board from applications received. This shall take place on or around October 1st of each year, but no later than October 31.
2. There shall be an appropriate number of coaches chosen for each age group in VHYBB so that the number of team members is no less than 6 and no more than 8.
3. It is the responsibility of the head coach to choose his/her assistants; the appointed assistants and number of assistants must meet the criteria of VHYBB.
4. Head coaches will select assistant coaches after the player draft has taken place. Assistants cannot be selected before teams are determined.

5. If a coach is chosen for a particular age group, and for whatever reason, cannot fulfill his/her obligation to remain head coach, the Executive Board has the option of either choosing a coach that was on the list of candidates or look for a new coach. Prior experience in another sport or league is preferred.

6. The Executive Board has right of removal of coaches whose conduct is deemed detrimental to the league and/or its players at any time during the season.

G. Non-VHYB League Basketball

1. The Executive Board will appoint someone to serve as Vestavia's Representative ("Rep") to leagues requiring such representation. An example of such a league is Over the Mountain (OTM) basketball league.
2. "Rep" responsibilities will be determined by the league itself. It can include, but is not limited to, the selection of Vestavia teams to participate in the league.

IV. MEETINGS

A. Regular and Annual Meetings

The Executive Committee will meet on a regular basis as needed with the date and time of such meetings to be determined by the President and will hold an annual meeting in April of each year.

B. Quorum

A quorum of the Executive Committee shall consist of a majority of the current entire Executive Committee, with a quorum required before any business can be transacted; and all questions will be decided by a majority vote of the current entire Executive Committee.

V. GREIVANCES

A. General Complaints

Any member of VHYBB, participant, coach, or referee may present to the Executive Board a concern, complaint, grievance, or request for corrective action regarding any aspect of VHYBB operations. Before requesting corrective action or relief from the Executive Board, members, participants, coaches, or referees with such complaints, grievances, or requests should first present them for resolution to the officer (league director or coach) who has the authority and ability to address the problem or to implement the requested action. If the issue is not resolved by the coach or league director, the complaint, grievance, or request should then be presented to the Divisional Representative. If the Divisional Representative is unable to resolve the complaint, grievance, or request, then the member, participant, coach, or referee shall have the right to request corrective action or relief from the Executive Board.

B. Procedures

The President is authorized to develop specific procedures that will provide for fair consideration and orderly review of complaints and grievances. Such procedures may not unreasonably burden or delay the presentation or processing of such matters, and will be subject to Executive Board review, modification, and approval.

C. Appeal to the Parks Board

Should the Executive Board not satisfactorily resolve the complaint, grievance, or request for relief, the Member, participant, coach, or referee may request relief or corrective action from the Parks Board. Such petition shall be made in accordance Parks Board's bylaws and any applicable policies and procedures.

VI. AMENDING THE BY-LAWS

A. Amendments By Majority Vote

These By-laws may be amended or added to by a simple majority of the Executive Board provided a quorum is present.

B. Amendments to be in Writing

Any amendment or addition to these bylaws must be in writing.

C. Approval by Parks Board

If the By-laws are changed in anyway, the changes will not be in effect until the proposed changes are submitted to the Parks Board in writing and the Parks Board approves the proposed changes.

Vestavia Youth Boys Basketball Rules

General

1. Except where otherwise specifically set forth in these rules, the AHSAA Manual will be used.
2. Rules specific for Vestavia Hills Basketball League are as described below.
3. Anyone participating in organized school basketball sports cannot register or participate in our recreational basketball leagues. This refers to organized sports in season.
4. In the event of any schedule changes, Parks & Recreation shall inform the league director as soon as possible.
5. The Basketball Board shall consist of the President, Vice President, Treasurer, as well as a 6th – 12th Grade Divisional Representative and a 1st – 5th Grade Divisional Representative.
6. Generally, the League President and VP will serve a 2 year terms.
7. The Basketball Board will appoint each League Director on an annual basis.
8. Basketball Referees/Officials: The Basketball Board will determine which association shall be used prior to the season.

Players/Participation

1. Players will participate in leagues according to the grade they are enrolled in at school. Younger children may play up (play in older grades) only with prior permission from the Basketball Board and League Director.
2. Parents can request siblings to be placed on the same team, but the decision is up to the Basketball Board.
3. Insurance: The Department of Parks and Recreation DOES NOT PROVIDE INSURANCE in case of injuries for the players or coaches. Coaches, players and other interested/related parties participating in the Recreation Department Leagues should have health/accident insurance coverage. It is the responsibility of the parties to obtain and cover the costs for insurance.
4. Pool Players: A pool player list is to be distributed to all coaches by the league director. These players are to be selected from the same round as the players missing the game or below (i.e. if a team only has 5 players and is missing their 2nd round pick they can bring in a 2nd round pick or later as a pool player). A team may add a player if their roster for that game drops below 6 players. The pool player added may not play more than ½ of the game unless circumstances occur with foul trouble, injury or illness. The League Director with approval from his/her Divisional Representative has the authority to be able to add or eliminate a player from pool play based on ability.

Coaches

1. The League Director will select coaches for his/her league/grade in conjunction with their respective Divisional Board Representatives. Coach selection should occur prior to the end of the registration period and prior to player evaluations.
2. Coaches may select their own assistant coaches, but all assistant coach selections are subject to review/approval from the League Director and Divisional Representatives.
3. Assistant coaches can be selected after the player draft. Assistants cannot be selected before teams are determined.
4. All coaches are required to complete background checks and concussion training every two years.
5. Coaches are expected to conduct themselves as examples for our children.
6. Coaches are responsible for controlling the behavior of his/her team as well as parents of the players. Failure to do so may result not only with a technical foul, but also suspension of the parents, players, and/or coaches.
7. Coaches are to remain within the designated coach's box during the course of the game. Officials may issue a technical if he/she doesn't comply.
8. Any complaints about officials should be taken up with the league director and the Basketball Board.
9. 9th Grade and 10th-12th Grade leagues must have an adult/parent sitting on the bench at all times.
10. No jewelry (including rings, wristbands, bracelets, necklaces, etc.) is to be worn during game time.
11. Insurance: The Department of Parks and Recreation DOES NOT PROVIDE INSURANCE in case of injuries for the players or coaches. Coaches, players and other interested/related parties participating in the Recreation Department Leagues should have health/accident insurance coverage. It is the responsibility of the parties to obtain and cover the costs for insurance.

Player Evaluations

1. Player Evaluations will be held at the beginning of the season according to the rules set forth below.
2. The League President will distribute a list of participants to each League Director immediately upon closing the registration period.
3. The Divisional Representatives will establish/schedule a time and location (coordinated with Parks and Recreation Director) to conduct player evaluations as soon as possible following the end of the registration period.

4. The Basketball Board will determine the means/methods of evaluating players (e.g. determine which drills will be performed at the Player Evaluations). The evaluations should include ball handling, shooting, passing, and a measure of quickness at a minimum. Player information such as date of birth, height and a rating for “aggressiveness” may also be included in the evaluation information provided to the coaches. The League Director should provide identification for each player being evaluated (name tag, number tag..etc.) to facilitate evaluation by the coaches.
5. Each grade typically has an hour and a half (90 minutes) to conduct evaluations.
6. Evaluations should be limited and planned in advance such that they can be completed within the time allowed. Generally, the players are divided/scheduled in two (2) groups according to last name. Last name beginning with A-M arrives first, and last names beginning with N-Z arrive approximately 45 minutes later in order to avoid large crowds showing up at the same time. The League Director for each grade should plan accordingly and communicate it to the players/parents via email prior to evaluations.
7. Volunteers (player parents, friends, etc.) will be needed. Generally, at least one volunteer will be needed for registration/check-in, one for measuring height (if height is being measured), and one for each activity. It is difficult for coaches to assist with the evaluations as they are also trying to evaluate/score the players.
8. All coaches must attend Player Evaluations to help rate the players.
9. The League Director will distribute a Player Evaluation Form developed by the Basketball Board to the coaches prior to evaluations.
10. The coaches shall rank each skill from 1-10 (10 being the highest). At the end of evaluations, the League Director shall collect all of the Player Evaluation Forms and shall add the totals and rank each player for draft purposes.
11. The League Director may, at his or her sole discretion, choose to weight the scores or otherwise revise a player’s score if a coach’s score/evaluation of a player(s) is deemed to be inaccurate.
12. The League Director will return the original form to each coach, and will distribute a Player Evaluation Summary showing the scoring/ranking for each player.
13. Make-up evaluations will not be held/provided for players who miss evaluations. The League Director should attempt to find out as much information as possible for players who miss evaluations (prior experience, height, general skill level..etc.), and distribute the information to the coaches prior to team selection.

Player/Team Selection

1. Player selection (draft) will be held to determine teams as soon as possible after the tryouts.
2. The goal of the League is to distribute player talent as equally as is practical.
3. The draft will be an open draft, meaning that players may be selected without regard to the team, league or division in which they played during the previous year.

4. Player Rankings will also include the rounds in which players are to be placed. Coaches' sons must be picked in the round in which they are ranked.
5. Coaches will draw numbers prior to beginning the selection process. This will determine the order of the selections. Selection order will proceed in a serpentine manner (e.g., the coach who draws a "1" will get the first pick in the first round, but will get the last pick in the 2nd round, then the first pick again in the 3rd round...etc.). If a Coach's son ranks in the first or second round their draft position will be determined based on where the Coach's son is placed. For example, a Coach whose son is ranked #1 gets the first overall pick. If a Coach's son is ranked as the first player in the second round that Coach will pick last in the first round.
6. The order will proceed in a serpentine manner in which the last pick of the first round goes 1st in the second round and so forth.
7. When there are an insufficient number of players to complete the last round, the coaches who selected early in the first round will select the players in the last round. For example, if the league has 12 teams but only 6 players to draft in the final round the coaches with the first 6 picks will select players in the last round starting with team 6 and going backwards until the coach with the first pick selects the final player.
8. At the conclusion of the draft, each coach will draw a number to determine the order in which he chooses a team name and/or color of jerseys.
9. The League Director will distribute a roster with player names and contact information to each coach following player/team selection.
10. Coaches should contact players/parents as soon as possible following the draft.
11. The League Director will distribute practice request forms to all coaches. The League Director will collect the forms and will return them to the League Commissioner.
12. Only head coaches, League Directors and Board Members shall be present at the draft. If the head coach ~~or pre-determined assistant coach~~ cannot attend, his or her spouse, or approved delegate, may stand in.
13. Any other disputes or questions relating to the draft shall be resolved by the League Directors with the advice of the coaches and the approval of the League President or Basketball Board.

Game Specifications

League/Grade	Goal Height	Ball Size	Lane Violation	3 Point Shot	Free Throw Line	Full Court Press/Zone
1 st	8 feet	28.5"	5 seconds	No	12 feet	None
2 nd	8½ feet	28.5"	5 seconds	No	12 feet	None
3 rd	9 feet	28.5"	5 seconds	No	12 feet	None
4 th	9 feet	28.5"	3 seconds	No	12 feet	Last Two Minutes of Each Half
5 th	10 feet	28.5"	3 seconds	Yes	12 feet	Last Two Minutes of Each Half
6 th	10 feet	29"/30"	3 seconds	Yes	15 feet	Last Two Minutes of Each Half
7 th -8 th	10 feet	29"/30"	3 seconds	Yes	15 feet	Second Half
9 th	10 feet	29"/30"	3 seconds	Yes	15 feet	All Game
10 th -12 th	10 feet	29"/30"	3 seconds	Yes	15 feet	All Game

Game time and timeouts

1. **Game Length:** Each game will consist of two (2) 16-minute halves. When shooting fouls are called in the first 14 minutes of each half the clock will stop, otherwise it is a running clock until the last two minutes of each half. The clock will also stop for injuries and any time the referee needs to stop the clock for rules clarification with a coach or player. The clock will stop on all free throws and all dead ball situations during the last 2 minutes of each half just like it would in any ASHAA high school game.
2. In 3rd grade, the clock will not start until you pass half court during the last 1 minute of the game.
3. In the 1st and 2nd grade leagues there will be four 8:00 quarters with a running clock that will only stop for time outs, brief substitutions every 4 minutes, injuries, or other referee stoppage. There will be one minute between each quarter and a five minute half time. No score will be kept in 1st grade as two 3 on 3 games will be going on simultaneously on the side courts. Score will be kept in 2nd grade.
4. **Timeouts:** Each team will have 4 timeouts per game (a maximum of 3 per half) and one additional timeout in each overtime period. Any timeouts not used in regulation play will not be added to the additional one timeout in overtime periods.
5. **Overtime – Regular Season:** One (1) overtime period will be played for 2 minutes. The clock will stop just like the last two minutes of each half. If the score

is tied at end of the overtime period, then "Sudden Death" will be played with no clock. The first team to score wins the game. Foul shots will be determined by team fouls.

6. Overtime – Playoffs: Each overtime period will be played for 2 minutes until a winner is decided.
7. Time between overtimes will be 1 minute. Time between halves will be 3 minutes.
8. Clock and Scorekeepers: Each team shall provide a parent to keep the scorebook or run the scoreboard for each game (visitors keep the book, home team runs the scoreboard).

1st/2nd Grade 3 on 3 Rules

1. Two games of 3 on 3 will be played full court "side court" simultaneously
2. After half time one team (two 3 on 3 units) stays on the same court and the other team switches courts. Coaches should do their best to even out each 3 on 3 unit and not have an "A" team and a "B" team.
3. Non-shooting fouls, out of bounds, jump balls, etc will result in a team taking the ball out at the top of the key and starting on the offensive team's goal.
4. Fouls will be recorded and each player will be allowed a maximum of 5 fouls.
5. Each team will have 4 time outs and game play on both sides will stop whenever there is a time out.

Playing time

1. All players are to play at least $\frac{1}{2}$ of a regulation game. If this rule is broken, coaching status will be in jeopardy and subject to suspension and possibly expulsion from coaching youth basketball. If a player has an unexcused absence from practice then the following game the coach has the option to play that player less than $\frac{1}{2}$ of the regulation game. Excused absences include illness, injury, death of friend or family member, family emergencies, etc. Missing practice in order to practice or play for another team or in another league is not an excused absence. In the first grade league if a team has 8 players each player should play $\frac{3}{4}$ of the game unless a player is injured or fouls out. If a team has 9 players coaches should do their best to play each player an equal amount since they can't all play $\frac{3}{4}$ of the game. Particularly in the 1st grade league coaches should allow different players to handle the ball in order to develop skills.
2. Free substitution is allowed.
3. All leagues will have a pause in the game where the clock will stop for brief substitutions every 4 minutes. If necessary, officials will stop play during a natural break or dead ball every 4 minutes to allow for substitutions to occur.

Defensive Rules

6. The 1st – 3rd grade leagues will exclusively play half court man to man defense, no zone, perimeter trapping or full court press will be allowed. The 4th – 6th grade leagues will play half court man to man except for the last two minutes of each half when teams will be allowed to play any defense they choose. The 7th - 8th grade league will play man to man in the first half and will have no defensive restrictions in the second half. The 9th – 12th grade league has no defensive restrictions.
7. The man to man requirement is in place to teach the boys proper defensive techniques and to free up space in the younger age groups for the offensive players. Man to man defense involves all 5 defensive players (3 players in 1st grade) being allocated one opposition player who they are accountable for defending. True man to man defense will involve help side defense so the defender will not always be right next to his man when his man doesn't have the ball. In a help side situation after the ball is stopped the player who helped should recover to their original man (assuming they didn't switch on a screen). When the ball is in the lane there is no requirement for a defender to recover to his original man until the ball has left the lane. In man to man defense it will be illegal to trap the pass on the perimeter, but it is legal to step out and help and recover on a ball screen. Coaches are expected to support this rule as it is defined in the initial coaches meeting and the coaching clinics. Coaches should not exploit this rule with 4 corners/isolation types of offense. Part of the reason for requiring man to man is to teach proper spacing and movement on the offensive end of the court and to allow all the players no matter their skill level to have more participation in the offense.
8. A team in violation of a 4 corners/isolation offense will be given 1 warning to stop use. Subsequent violations will result in a turnover to the other team.
9. If a team is playing a zone or trapping defense during a time when only man to man is allowed they will be given one warning which will be recorded in the official score book. The second reoccurring violation will result in a team foul (automatic two points if the offensive team is in the bonus and the ball). All additional violations will result in a technical foul (automatic two points and the ball).
10. Full court press violations in the 1st – 8th grade leagues will result in a warning by the official and will be recorded in the official scorebook. The second and all reoccurring violations will result as a technical foul (automatic 2 points and the ball). For half-court offense/defense, the defense must stay behind the white volleyball line until the offensive player crosses the half-court line. At that point, the defense may guard the offensive player. This requirement (to stay behind the white volleyball line) will not be enforced during transition (e.g. fast breaks).
11. Full court pressing, trapping, and zone defense is allowed in the last two minutes of the 4th – 6th grade leagues, the 2nd half of the 7th – 8th grade leagues and at any time in the 9th – 12th grade leagues.
12. A team may not continue to press, trap or play zone if they are up by 20+ points. At that time they will need to drop back to a half court man to man defense. The clock will continue to run and not stop other than for injuries, some other reason a referee deems necessary or time outs if a team is up by 20+ points. Normal clock rules will resume if the lead decreases to 12 points or less.

Free Throws

1. All grades will shoot free throws if fouled in the act of shooting.
2. Teams will shoot the regular amount of free throws on shooting fouls for the entire game.
3. Bonus Free Throws – 2nd – 3rd Grade Leagues: All non-shooting fouls will be result in an inbounds ball until the last 2 minutes of the half, game and overtime periods. At the 2 minute mark, bonus free throws will be awarded if a team is in the Bonus. Bonus free throws (1 and 1) will be awarded beginning on the 7th team foul (per half). A double bonus (2 free throws) is awarded on the 10th team foul (per half).
4. Bonus Free Throws – 4th – 12th Grade Leagues: Bonus free throws (1 and 1) will be awarded beginning on the 7th team foul (per half). A double bonus (2 free throws) is awarded on the 10th team foul (per half), and will continue in overtime.
5. In the 1st – 5th grade divisions, although the free throw line is at 12', the lane violation shall encompass the regulation 15' lane.
6. In the 2nd-5th grade divisions (12' free throw line), the lower block will be used when lining up for free throws (player may stand on the block) in order to provide an opportunity to block out the shooter.
7. In the 6th-12th grade divisions (15' free throw line), the players will not use the lower block when lining up for free throws.
8. Players may enter the lane after the shooter releases the ball. The shooter must stay behind the free throw line until the ball touches the rim.

Personal Fouls

1. Each player is allowed 5 personal fouls.
2. A technical foul (charged to a player) and a non-shooting intentional foul also results in a personal foul being charged to the player plus two points in lieu of free throws. The ball is awarded to the offended team at a designated spot closest to where the foul occurred or the point of interruption in the case of a technical foul.
3. Intentional fouls on the shot inside the 3-point line will result in an automatic 2 points for the opposing team (even if the shot is made), and the ball is awarded to the offended team at a designated spot closest to where the foul occurred.
4. Intentional fouls on the shot outside/behind the 3 point line will result in an automatic 3 points for the opposing team if the shot is missed. If the shot is made an additional two points will be awarded to the shooting team. In both cases the ball is awarded to the offended team at a designated spot closest to where the foul occurred.

Technical Fouls

1. All bench technical fouls will be charged to the head coach. Two technical fouls for a coach or a player will result in ejection from the game and gym. If a coach

or player gets ejected from a game, they will have an automatic 2 game suspension. Technical fouls on the bench will result in the head coach and assistant coaches sitting for the remainder of the game. No exceptions. Ejections should be reported to the League Director and to the Board President.

2. Technical fouls issued to CLOCK/BOOK persons will result in removal from that position and will be charged to the coach.
3. If a coach or player is ejected twice in a season, they will be suspended for the remainder of the season.
4. All Technical fouls will automatically be rewarded with 2 points in lieu of free throws and possession of the ball.

Game Protests

1. A written protest shall be submitted to the League Director within Twenty-four (24) hours after the completion of the game.
2. The League Director shall submit the written protest at a specially called meeting of the Basketball Board. This meeting shall be called as promptly as possible.
3. The League Director and the head coach of the team (or teams) involved shall make a presentation to the Basketball Board.
4. The Basketball Board shall rule on the protest and the decision is then final.

End of Season Playoffs

1. All teams will make the playoffs (1st / 2nd grade will not have a league playoff).
2. Game times and locations will be determined by the League President & Parks and Rec., and playoff brackets will be posted on the league website.
3. Seedings will be based on regular season record.
4. Tie breakers will be determined as follows:
5. Head to head competition.
6. Record against common opponents.
7. Record against highest seeded common opponent.
8. Scoring margin against highest seeded common opponent.

- If there is tie between 3 or more teams, once a team is eliminated based upon the criteria above, if a tie remains between the remaining teams, we will start back with criteria no. 1 to determine the tie breaker. For example, if there is a tie between 3 teams that is not decided by criteria 1 (head to head), then when one team is eliminated following the criteria above, then the tie between the remaining 2

teams will be decided by going back to head to head competition and we will go down the list until the tie is broken again.

- All seeding will be determined by the League President based on the criteria above. Any disputes will be resolved by the Basketball Board.

Selection of All Star Teams and Coaches

1. There will be a maximum of 2 All Star teams per league/division.
2. All Star coaches will be selected based on the standing after 8 games with the coach of the league's 1st place team having first right of refusal to coach the first All Star team. All assistants will be determined by the tournament coach.
3. The League Director of each league will be responsible for the All Star selection process which will be based on the following:
 - Age control date is on or before September 1 of the current school year.
 - The coach of each team shall submit, upon completion of the final regular season game, a list of no more than three (3) players from his or her team. These should be players who have had a high level of play during the season.
 - No coach is allowed to pick his child on the first team if they were not in the first 2 rounds of the draft unless that child is ranked in the top 10 of the coaches All Star rankings after the 8th game. That coach has the option of coaching the second team if they wish. If this happens, then the League Director shall pick the first team coach.
1. The coaches in each league will rank the pool of players interested in playing All Stars from 1-10. The coach of the league's 1st place team after 8 games in the regular season will be able to pick up to 10 players from the top 14 in cumulative rankings from the coaches in the league. (The coach has the option of having fewer players if he/she so desires). If there are enough players for a second team, then a coach picked by the league director will pick his/her team from the remaining candidates.
2. The league director will provide all information regarding the selection process to the Basketball Board.
3. If a vacancy occurs, the coach will inform the league director and consult with him or her for a replacement player.
4. These teams will represent Vestavia in all Parks and Recreation league post-season tournament play. This system is in place to provide Vestavia the best opportunity to advance in the local and state playoffs.

Parks and Recreation Board Responsibilities

Parks & Recreation shall assume the following responsibilities:

1. Provide facilities for practices and games.
2. Work with League President to coordinate practice schedules and gym availability
3. Provide basketballs for use during practice and games.
4. Develop Emergency Action Plan (EAP) and post at all facilities.
5. Insurance: The Department of Parks and Recreation DOES NOT PROVIDE INSURANCE in case of injuries for the players or coaches. Coaches, players and other interested/related parties participating in the Recreation Department Leagues should have health/accident insurance coverage. It is the responsibility of the parties to obtain and cover the costs for insurance.

Basketball Board Responsibilities

1. The League President will develop practice and game schedules in coordination with the Parks and Recreation Director.
2. The Basketball Board has discretion to enact penalties related to conduct deemed detrimental to the league and its players. This may include suspension from games or the league as a whole.
3. The Basketball Board has the authority to make final decisions on all By-Laws interpretations and any matters concerning the league.
4. The Basketball Board may recommend that a coach be suspended for blatant infraction of the rules of conduct. Any coach under consideration for suspension shall have the right to a hearing at a special meeting of the Basketball Board. This meeting shall be called as promptly as possible and the decision of the Basketball Board is final.
5. Insurance: The League/Basketball Board DOES NOT PROVIDE INSURANCE in case of injuries for the players or coaches. Coaches, players and other interested/related parties participating in the Recreation Department Leagues should have health/accident insurance coverage. It is the responsibility of the parties to obtain and cover the costs for insurance.

Vestavia Hills Girls Volleyball

- August 2019
 - Completed registration.
 - Recruited a treasurer: Russ Lynch.
 - Opened a bank account with Regions. They are giving us 12 months of free checking to give us time to obtain a 501c3.
 - Secured sponsorship from Dick's Sporting Goods and Pitner Dentistry.
 - Skills session for both leagues August 22, 2019 led by April Zech.
 - Started practices the week of August 25th.
 - Games scheduled to start September 7th.
 - Scheduled officials for the games.
 - Ordered volleyballs for the league and all the girls.
 - Ordered jerseys.