

AUGUST 2019
New Merkel Senior Center
Melanie Perry, Manager – 205-967-5977

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		12:30 Tai Chi Every Tuesday		1 10:00 coffee/snacks 10:30 Tech Talk 11:00 Games 11:45 Lunch	2 10:00 coffee/snacks 11:00 Bingo 11:45 Lunch	3
4 <i>Happy Birthday Annette Eberdt</i>	5	6 10:00coffee/snack 11:00 game 11:45 lunch 12:30 Tai Chi	7 10:00 coffee/snacks 11:00 Games 11:45 Lunch *Nutritional Ed*	8 10:00 coffee/snacks 10:30 Tech Talk 11:00 Games 11:45 Lunch	9 10:00 coffee/snacks 11:00 Bingo/ games 11:45 Lunch	10
11	12 UAB Eye Clinic 10:00 coffee/snacks 11:00 games 11:45 lunch	13  10:30 Art/Tina 11:45 Lunch	14 10:00 coffee/snacks 11:00 Bingo 11:45 Lunch	15 10:00 coffee/snacks 10:30 Tech Talk 11:00 Games 11:45 Lunch	16 Guest Speaker Bluffs@Greystone 10:00 coffee/snacks 11:00 Bingo/games 11:45 Lunch	17
18	19 10:00 coffee/snacks 10:30 exercise 11:00 games 11:45 eat	20 10:00coffee/snack 10:30 Games 11:45 Lunch	2 10:00 coffee/snack 11:00 Bingo 11:45 Lunch National Senior Citizens Day City Hall 4-6	22 10:00 coffee/snacks 10:30 Tech Talk 11:00 Games 11:45 Lunch	23 10:00 coffee/snacks 11:00 Bingo/games 11:45 Lunch	24
25	26 10:00coffee/snack 10:30 exercise 11:00 games 11:45 lunch	27 10:00 coffee/snack 10:30 Games 11:45 Lunch 12:30 Tai Chi Happy Birthday Lewis Eberdt	28 10:00 coffee/snacks 10:30 Tai Chi 11:00 Bingo 11:45 Lunch	29 10:00 coffee/snacks 10:30 Tech Talk 11:00 Games 11:45 Lunch	30	31
August Fun Facts	<i>Flower of the Month: Gladiolus</i> 	<i>National Peach Month</i> 	<i>National Picnic Month</i> 	<i>If the first week of August is unusually warm, The winter will be white and long.</i>	<i>National Back to School Month</i> 	<i>"Shall I compare thee to a summer's day?" - William Shakespeare</i>

Suggested donations \$1.50 please give .25cents for Bingo prizes and special supplies